

# APHASIA PROGRAM in CALEDONIA

- Supportive small conversation **groups** for individuals with aphasia
- **Fun, social** environment
- Improve your **communication** skills and confidence
- Run by trained volunteers and speech-language pathologists



**Fridays only, 9 a.m. - 12 p.m.**

H/N Community Senior Support Services, Adult Day Program Room

172 Argyle Street, North, Caledonia

Nominal fee applies



Join us for a **free session!**

**Call 519-758-4630**

The Aphasia Program is supported through the HNH B Aging at Home initiative.

## What is Aphasia?

*"Imagine if the last sentence you say tonight is the last full sentence you will say for the rest of your life."*

Stephen Goff,  
person with aphasia

Aphasia is a communication problem, usually resulting from a stroke or injury affecting the language areas of the brain.

Aphasia is a problem with language, not a problem with thinking or intellect.

Aphasia can vary from mild to severe.

## Do you have aphasia? Does your friend or loved one have aphasia?

Join our monthly Living with Aphasia group for information and support. Sessions are held the first Thursday of each month, 6:30-8:30 p.m. at ARTC in Brantford. Call for details.

ARTC (The Adult Recreation Therapy Centre) is a registered non-profit organization.



**enhancing life...**