

## Registration Form for the ARTC Walk 'n Roll-a-thon

Cash or cheques accepted. Please make cheques payable to the Adult Recreation Therapy Centre.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/Town: \_\_\_\_\_ Postal Code: \_\_\_\_\_ Phone number: \_\_\_\_\_

Please circle your T-shirt size: S M L XL XXL XXXL

*In consideration of being permitted to participate in the Adult Recreation Therapy Centre Walk 'n Roll-a-thon, I hereby for myself assume any and all risks which might be associated with the event. I further waive the Adult Recreation Therapy Centre, Solidarity in Action Inc., and the city of Brantford, volunteers, sponsors and others associated with this event from any and all claims for injuries or damages of any kind arising from the participation of the event. At the time of registration, I will inform the event organizers regarding any relevant medical condition(s). I the undersigned have read the above waiver and release, and understand that I have given up substantial rights by signing it, and sign it voluntarily.*

Signature of participant: \_\_\_\_\_

Date: \_\_\_\_\_

# Join us

Sunday, May 30, 2010

To support the  
Adult Recreation Therapy Centre



408 Henry Street  
Brantford, ON N3S 7M1  
tel. 519.753.1882  
www.artc.ca



### An ARTC Success Story

ARTC is one of the community's best kept secrets. Deb M is one of ARTC's success stories. In 2003, Deb suffered an aneurysm and spent two years in hospital. In 2005 she was referred to ARTC. Since attending ARTC, Deb has conquered depression and organized her life. She now lives in her own apartment with minimal supports. She has become independent with her banking, cooking and shopping. She attends church, is involved in wheelchair curling and enjoys getting out in the community. She has learned to paint with her non-dominant hand and has relearned computer skills. Deb has been able to accomplish many of these tasks with the ongoing support and encouragement she receives from ARTC. Deb continues to work daily on remaining independent and is thankful for the support she has received through her journey.



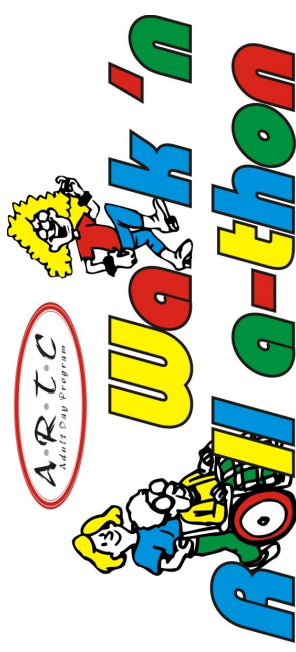
The objective of the 2010 ARTC Walk 'n Roll-a-thon is to raise money for our organization as well as awareness about the programs offered at the Adult Recreation Therapy Centre. The run will bring together individuals from the surrounding community to share in a common goal.

#### ARTC

The ARTC is a community-based adult day program providing social, recreation and therapeutic activities to individuals in our community who have diminished physical and cognitive abilities due to stroke, Parkinson's disease, Multiple Sclerosis and those who are frail and socially isolated. Please visit our website for more information at [www.artc.ca](http://www.artc.ca)

#### SIA

Solidarity In Action (SIA) is a non-profit registered charity. SIA seeks to serve in solidarity, individuals and communities throughout the world providing social and integral support.



#### Date & Time:

Sunday, May 30, 2010  
12:00-2:00 p.m.

Registration is \$25 for the event, which includes a T-shirt and opportunity for prizes.

Pledge forms are available upon registration for the event.

#### Location:

Lynden Park Mall  
84 Lynden Road, Brantford

Event-day registration table will be located  
at Guest Services

**Register today!**

Everyone welcome—walkers, rollers and strollers.

Register online at [www.onlineregistrations.ca/artc](http://www.onlineregistrations.ca/artc)  
(online registrations must be paid by credit card)

or register in person by cash or cheque at ARTC, 408 Henry Street.

For more information, please call 519.753.1882

Register before May 28 or arrive early on May 30, to register at the event.