Frequently Asked Questions

Q: Will I always have Aphasia?

A: Yes. Aphasia is something you live with.

Q: Is Aphasia the same for everyone?

A: No. Aphasia affects everyone differently. It depends on where the brain has been affected and the severity of the damage to the brain.

Q: Does **Aphasia change**? Does Aphasia get **better** or **worse**?

A: For most people with Aphasia, communication gets better over time. Be patient. There are good days and bad days.

Q: Do other people with Aphasia feel frustrated? Do your family and friends feel frustrated?

A: It is normal to feel frustrated. Sometimes people do not understand Aphasia. Aphasia affects relationships. It takes two people to communicate. There are strategies for people with Aphasia and their communication partners.

Q: Can Aphasia be cured by surgery?

A: No, there is **no surgery** to **cure Aphasia**.

What is Aphasia?

Aphasia is a **language impairment** following a **stroke**, **brain injury**, or **brain illness**.

Aphasia can **affect speaking, reading,** writing and understanding.

Aphasia is a **communication difficulty**. It does **not affect thinking** or **intellect**. Aphasia **affects** everyone **differently**.

> People with **Aphasia know more** than they can **say**.





Injury to language areas of the brain

Communication Problem = Aphasia

Words of Encouragement

Learn to **laugh**. Everyday can be different. Progress will take time.

It is **normal** to have **mood swings** after a **stroke**. **Talk** to your **Doctor**.

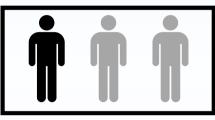
ARTC runs Aphasia Conversation Groups. Contact us for more information.



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APHASIA

You are **not alone**!



- 1 in 3 stroke survivors have Aphasia.
- Approximately 166,000
 Canadians live with Aphasia.

Only **5.7%** of **people** in **Ontario know** about **Aphasia**.



Brochure Created By ARTC Brain Crusaders Aphasia Advocacy Group

If you **believe**, I need more time to My intelligence is you can achieve! communicate. intact. I know what I It is **harder** to am thinking but I communicate when can't **say** it. I am tired. $\mathbf{O}\mathbf{o}$ oC l matter. I have survived and I am stronger. O_{o} It takes time to realize what Aphasia means and to spell it! - I still have my When I had a stroke, I thought sense of humour. my life was finished. 0 00 But I realize that my life is totally different. Life is not finished. I communicate $\bigcirc \circ$ It helps when people differently, but what 0 speak slowly and matters is that I get clearly. the message out.